

# Vaccination for children:

## Don't miss it!

### CHECK IF YOUR CHILD'S VACCINES ARE UP TO DATE

Vaccines are more effective when they are given at the right time! To ensure your child has the best protection possible, book an appointment for each of the 5 points in time in the vaccination schedule.

If your child is older than the recommended age, book an appointment anyway to catch up on missed vaccines. A health professional can offer advice during your appointment.



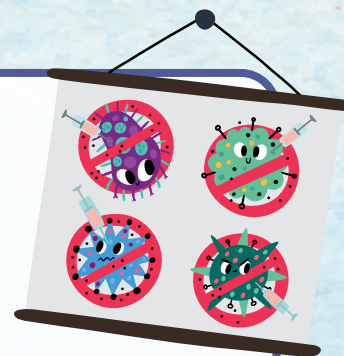
VACCINE	2 months old	4 months old	12 months old	18 months old	4 to 6 years old
Diphtheria-whooping cough-tetanus-hepatitis B-polio-Hib	•	•	• <small>(without hepatitis B)</small>		
Pneumococcus	•	•	•		
Rotavirus	•	•			
Meningitis C				•	
Measles-rubella-mumps-varicella			•	•	
Diphtheria-whooping cough-tetanus-polio					•
Hepatitis A-hepatitis B				•	

Source: MSSS 2021. Québec Immunization Protocol (PIQ).

### OTHER VACCINES RECOMMENDED, DEPENDING ON HEALTH STATUS

If your child has a chronic illness, heart problem or immunosuppression, it is recommended to get the COVID-19 and flu vaccines, starting at 6 months of age.

For more information → [Québec.ca/COVIDvaccine](https://quebec.ca/COVIDvaccine) | [Québec.ca/vaccingrippe](https://quebec.ca/vaccingrippe)



## TIPS AND TRICKS FOR BOOKING AN APPOINTMENT

- Bring your child's vaccination booklet with you to all his or her medical appointments. The health professional can check if your child's vaccines are up to date.
- After the vaccination appointment, book the next appointment right away, before leaving the CLSC. Make sure you add it to your personal agenda.
- If it is not possible for you to book an appointment right away, add a reminder in your agenda for a month before the recommended period so you don't forget to call the CLSC.
- Keep your child's vaccination booklet in a safe place, where you can easily find it when you need it. Have you thought of making a copy by taking a picture of it or scanning it?



**BOOK  
AN APPOINTMENT  
AT A CLSC NEAR YOU.**



## HOW TO CHECK YOUR CHILD'S VACCINATION BOOKLET

- 1** Your child's vaccination booklet includes a table with each vaccine recommended based on age (see sample above). The booklet is then separated into sections for each illness for which a vaccine is recommended.
- 2** Compare the vaccines in the different sections with the vaccines in the vaccination booklet, as well as the number of doses indicated in the schedule.
- 3** If you see that your child is not up to date on vaccines recommended for his or her age group, book an appointment at a CLSC near you.

If your child was vaccinated outside Québec, talk to a health professional. The professional can identify the vaccines needed to complete your child's protection.



If your child's vaccination booklet is lost, you can ask for a copy of the list of vaccines your child has received (scan the QR code to access the instructions on line).



## QUESTIONS AND SUPPORT

To get more information about vaccination from a doctor or health professional, call 811.