

# INFORMATION

## ABOUT THE CARE AND MONITORING OF YOUR CENTRAL VENOUS ACCESS



**USER GUIDE**  
G-3029

## INFORMATION THE CARE AND MONITORING OF YOUR DIALYSIS CATHETER

A central venous catheter was put in place in Radiology in order to administer your haemodialysis treatments. This catheter is a flexible tube inserted by the radiologist in a large vein at the base of your neck, called the jugular. Your venous catheter is a vital part of your haemodialysis treatment. It is important that you provide adequate care.

### USEFUL INFORMATION

- A clear bandage will be permanently applied on your venous catheter to ensure that it remains fixed to your skin. This bandage serves to protect the exit site of the catheter to keep it free from germs and impurities.
- The bandage will be changed once a week or as needed by a nurse from the haemodialysis unit.
- The catheter is used only for dialysis treatments.

### WHAT SHOULD I DO?

- Make sure that you are wearing clothing (button-down shirt or blouse) which provides easy access to your neck and catheter.
- Check the bandage every day, ensuring that it remains clean and dry.
- Avoid all pointy or sharp objects near your catheter (e.g. scissors, razor blade, pins...)
- Avoid sudden movements of the arm on the side of the venous catheter.
- Do not scratch the site of the catheter to avoid removing the bandage.
- Ensure that the yellow caps (tegors) are safely secured at the tip of both “limbs” of the catheter, and that the clamps remain closed at all times.
- Avoid perfume or any other cosmetic product near the site of the bandage.

### YOUR BANDAGE MUST REMAIN CLEAN AND DRY AT ALL TIMES

- When taking a bath, it is recommended to protect your catheter and your bandage by covering them with a towel.
- Showers are to be avoided due to the risk of water seeping under the bandage.
- Swimming in a pool, lake or using a spa is prohibited due to the risk of contamination.

## **YOU SHOULD CALL THE NURSE IF:**

- You have a fever or if you are shivering.
- There is pain or swelling at the site of the catheter.
- Your bandage has detached itself.
- You notice continuous bleeding.
- The catheter seems to have come out of the site of insertion.
- The caps at the tip have come loose or the clamps are open.
- The catheter or the caps have a crack or fissure.

## **If you have concerns or questions, do not hesitate to contact your dialysis centre:**

### **Centre d'hémodialyse de Saint-Jérôme**

Phone: 450 432-2777, extension 22622  
Monday to Saturday, 7:15 AM – 11:15 PM

### **Centre d'hémodialyse de Saint-Eustache**

Phone: 450 473-6811, extension 47601  
Monday to Saturday, 7:15 AM – 11:15 PM

### **Centre d'hémodialyse de Rivière-Rouge**

Phone: 819 275-2118, extension 53770  
Monday to Saturday, 7:15 AM – 7:15 PM

### **Nurse in charge of vascular access**

You can leave a message to the nurse in charge of vascular access at all times; She will call you back as soon as possible.

Phone: 450 432-2777, extension 23085  
Monday to Friday, 8 AM to 4 PM

[www.santelaurentides.gouv.qc.ca](http://www.santelaurentides.gouv.qc.ca)

**Hôpital de Mont-Laurier : 819 623-1234**

2561, chemin de la Lièvre Sud, Mont-Laurier (QC) J9L 3G3

**Hôpital de Saint-Eustache : 1 888 234-3837**

520, boul. Arthur-Sauvé, Saint-Eustache (QC) J7R 5B1

**Hôpital Laurentien : 1 855 766-6387**

234, rue Saint-Vincent, Sainte-Agathe-des-Monts (QC) J8C 2B8

**Hôpital régional de Saint-Jérôme : 1 866 963-2777**

290, rue De Montigny, Saint-Jérôme (QC) J7Z 5T3

**Hôpital d'Argenteuil. : 450 562-3761**

**Centre multiservices de santé et de services sociaux d'Argenteuil**

145, avenue de la Providence, Lachute (Qc) J8H 4C7

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**Centre intégré  
de santé  
et de services sociaux  
des Laurentides**

**Québec** 